

## ABSTRACT OF THE DISCLOSURE

The ink set for inkjet recording and an inkjet recording method in the present invention, which can provide a recorded image having high quality and ensure that the obtained image can maintain the image quality with less change in the color balance even when stored in an oxidative atmosphere, and which comprises at least three kinds of inkjet inks, each of which includes a coloring agent dissolved or dispersed in an aqueous or oily medium and has a maximum absorption spectrum in a spectral absorption region different from each other, wherein, when a photographic printing is performed on a reflection-type image-receiving medium using the ink set and a forced discoloration rate constant with an ozone gas of each ink is determined in each printed region of said at least three kinds of inks, the ratio of any two of the forced discoloration rate constants is from 0.5 to 2.0.